

# How to securely tie a healthcare risk waste bag

## The 'swan-neck' method



1. When the bag is filled to the warning line (or two thirds) twist the excess at the top of the bag



2. Double over and hold the twist firmly.



3. Pass the method of fastening (e.g. cable tie) over the twisted neck of the bag.



4. Tighten the fastening to create an effective seal. This is the swan-neck method.



Bags should be filled no more than two thirds full OR to a maximum weight of 8kg, whichever is reached first.



Do not use for the disposal of sharps or rigid items likely to puncture the bag.



Do not use for the disposal of free liquids.