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| Ein cyf / Our ref:  |
| E-bost/Email: AllWales.Alerts@wales.nhs.uk |
| Dyddiad / Date: 21st May 2025 |

**Private & Confidential**

By Email Only:

**ACTION REQUIRED: SERVICE INSIGHT 1 (2025/6) / I’W GWBLHAU: MEWNWELEDIAD GWASANAETH 1 (2025/6)**

This alert has been cascaded to the following:

* All Wales Dispensing Optometrists
* All Wales Ophthalmic Advisors
* All Wales Ophthalmic Key Stakeholders
* All Wales Ophthalmic Practices
* All Wales Optometrist Contractors OL
* All Wales Heads of Primary Care



MEWNWELEDIAD GWASANAETH 1 (2025/6) Optometreg Holistaidd - Iselder

Annwyl Gontractwr/Perfformiwr,

Mae angen gweithredu ar Fewnwelediad Gwasanaeth 1 2025/6. Gallwch gael mynediad at y Mewnwelediad yma: <https://forms.office.com/e/3taMd60FXM>

Y dyddiad cau ar gyfer cwblhau yw 23:59 ar 17 Mehefin 2025.

Rhaid i bob Optometrydd sy'n perfformio Gwasanaethau Offthalmig Cyffredinol Cymru (WGOS) gwblhau'r Mewnwelediad Gwasanaeth gorfodol.

Os ydych yn gweithio ar draws mwy nag un practis, cwblhewch yr arolwg unwaith yn unig, yn yr hyn a ystyriwch yw eich prif weithle.

Pwrpas y Mewnwelediad hwn yw:

* Deall eich hun yn well, eich agweddau, eich galluoedd, eich cyfleoedd a'ch ymddygiadau, o ran rhoi gofal holistaidd ynghylch iselder fel rhan o WGOS.
* Cefnogi GIG Cymru i nodi’r ymyriadau sydd fwyaf addas i gefnogi darpariaeth gofal holistaidd yn WGOS.
* Helpu i lywio’r broses o gyflwyno cwestiynau wedi’u cyfeirio yn y dyfodol fel rhan o archwiliad llygaid WGOS 1.

Bydd yr holiadur yn cymryd tua 20 munud i'w gwblhau. Mae eich atebion yn ddienw ac nid oes modd eu hadnabod mewn unrhyw ffordd.

Am ragor o wybodaeth am Fewnwelediadau WGOS a'r daflen wybodaeth i Gyfranogwyr ewch i ([Mewnwelediadau Gwasanaeth - GIG Cymru](https://www.nhs.wales/sa/eye-care-wales/wgos/eye-health-professional/service-insights/)).

Ar ôl ei gwblhau, cadwch gadarnhad o gwblhau a'i roi i'ch contractwr.



SERVICE INSIGHT 1 (2025/6) Holistic Optometry - Depression

Dear Contractor/Performer,

Service Insight 1 2025/6 now requires action. You can access the Insight here: <https://forms.office.com/e/3taMd60FXM>

The closing date for completion is 23:59 on 17 June 2025.

All Optometrists performing WGOS must complete the mandatory Service Insight.

If you work across more than one practice, please only complete the survey once, in what you consider your principal place of work to be.

The purpose of this Insight is to:

* Better understand you and your attitudes, capabilities, opportunities and behaviours regarding delivery of holistic care regarding depression as part of WGOS
* Support NHS Wales identify interventions which are best suited to support holistic care delivery in WGOS
* Help inform the introduction of future directed questions as part of the WGOS 1 eye examination.

The questionnaire will take around 20 minutes to complete. Your answers are anonymous and are not in any way be identifiable.

For more information on WGOS Insights and the Participant information sheet please visit ([Service Insights - NHS Wales](https://www.nhs.wales/sa/eye-care-wales/wgos/eye-health-professional/service-insights/)).

On completion, please retain confirmation of completion and provide to your contractor.